



Otezla (apremilast) is a prescription medicine approved for the treatment of adult patients with active psoriatic arthritis.

A DISCUSSION GUIDE FOR YOU *and* YOUR DOCTOR

Answer the questions below, and bring them with you to your next appointment. They're designed to help you get a sense of how your psoriatic arthritis is affecting you, and to provide you with a few questions to ask your doctor about Otezla.

QUESTIONS *for* YOU

Remember to bring this with you to your next appointment.

1. How much of an impact does psoriatic arthritis have on your daily activities?
No impact Some impact More impact than I'd like Serious impact
2. How has your psoriatic arthritis changed since your last appointment?
It has improved No change It has worsened
3. Are you satisfied with the symptom improvement provided by your current treatment?
Not satisfied Somewhat satisfied Very satisfied
4. On a scale of 1 to 10 (10 being the worst), how would you rate your overall symptoms over the last month, including (but not limited to) joint pain, swelling, and tenderness?
1 2 3 4 5 6 7 8 9 10
5. Are you interested in learning about Otezla, an oral treatment option?
Very interested Somewhat interested Not at all interested

QUESTIONS *for* YOUR DOCTOR

Ask your doctor the following questions to see if Otezla is right for you.

1. What symptoms does Otezla treat for psoriatic arthritis?

2. How often is the Otezla pill taken?

3. Why is there no routine lab monitoring required with Otezla® (apremilast)?

4. What makes Otezla different from my current psoriatic arthritis treatment?

5. Can I save on Otezla?

APPROVED USE

Otezla is a prescription medicine approved for the treatment of adult patients with active psoriatic arthritis.

IMPORTANT SAFETY INFORMATION

You must not take Otezla if you are allergic to apremilast or to any of the ingredients in Otezla.

Otezla is associated with an increase in adverse reactions of depression. In clinical studies, some patients reported depression, suicidal thoughts, and suicidal behavior while taking Otezla. Some patients stopped taking Otezla due to depression. Before starting Otezla, tell your doctor if you have had feelings of depression, suicidal thoughts, or suicidal behavior. Be sure to tell your doctor if any of these symptoms or other mood changes develop or worsen during treatment with Otezla.

Some patients taking Otezla lost body weight. Your doctor should monitor your weight regularly. If unexplained or significant weight loss occurs, your doctor will decide if you should continue taking Otezla.

Some medicines may make Otezla less effective, and should not be taken with Otezla. Tell your doctor about all the medicines you take, including prescription and nonprescription medicines.

Side effects of Otezla were diarrhea, nausea, and headache.

These are not all the possible side effects with Otezla. Ask your doctor about other potential side effects. Tell your doctor about any side effect that bothers you or does not go away.

Tell your doctor if you are pregnant, planning to become pregnant, or planning to breastfeed. Otezla has not been studied in pregnant women or in women who are breastfeeding.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call 1-800-332-1088.

Please see Full Prescribing Information at otezla.com.

